

Event program

# AOSpine Principles Seminar— Research



AOSpine—the leading global academic community for innovative education and research in spine care, inspiring lifelong learning and improving patients' lives.

## **Dear Colleagues**

On behalf of AOSpine Middle East we would like to welcome you to the first AOSpine Principles Seminar on Research in Jordan.

Following the success of last year's workshop in Dubai, our intention is to continue to build and maintain a strong collaborative interdisciplinary research culture among our members in the Middle East.

We are confident that your participation in this two-day interactive workshop will be productive as well as enjoyable, as your confidence and skills increase in this field.

We wish you a successful course, and hope that your interactive engagement will foster new friendships that lead to future collaboration in research.

#### Sincerely



**Muhammed Assous** Chairperson Amman, Jordan



**Muayyad Ahmad** National faculty Amman, Jordan



**Áron Lazáry** International faculty Budapest, Hungary

**Yousuf Khader** National faculty Amman, Jordan

### Course Description

This two-day interactive course introduces the concepts of research methodology to healthcare professionals. It addresses different topics in research, such as how to generate research question, do literature search, analyze and critical appraise it.

This educational event, taught in a modular format, offers you a challenging learning experience with interactive sessions facilitated by faculty teaching in their field of expertise.

Comprised of evidence based lectures, practical exercises, and discussions, this workshop will provide ample time for discussion between faculty and participants.

It is our aims that at the end of course each participant will leave the workship with a research proposal.

## **Target Participants**

This course is targeted at surgeons and other specialists with and interest in learning about how to plan, create and submit a research paper.

### Course Objectives

By the end of this course, the participants will be able to:

- 1. Identify the importance of clinical research and formulate study question;
- 2. Formulate a detailed plan of conducting a literature search;
- 3. Pose a research question that is answerable by a systematic review;
- 4. Know sampling techniques and data collection procedure;
- 5. Know about validity and biases in research;
- 6. List different types of research studies with its advantages and disadvantages;
- 7. Understand the basic concepts of statistics.

## Chairpersons

Assous Muhammed Amman, Jordan Lazáry Áron Budapest, Hungary

## National Faculty

Ahmad Muayyad Amman, Jordan Khader Yousef Amman, Jordan

## **Project Management**

AOSpine Middle East Mary Anne Smith Stettbachstrasse 6 8600 Dübendorf, Switzerland Phone: +41 44 2002 407 Fax: +41 44 2002 412

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## Friday, 31 July 2015 (Day one)

TIME	AGENDA ITEM	WHO
08:15-08:30	Participant Registration	Participants
Module 1	<b>Introduction to Clinical Research</b> At the end of this session participants will be able to identify the importance of clinical research and formulate a study question.	
08:30-08:45	Welcome – introduction of the course, participants, AOSpine	Muhammed Assous
08:45-09:00	Evidence Based Medicine	Muhammed Assous
09:00-09:15	SMART-B approach to clinical research	Áron Larzáry
09:15-09:30	Good Clinical Practice	Áron Larzáry
Module 2	Initiation—SSS	
09:30-10:00	Study question (PICOT, PPO model)	Áron Larzáry
10:00-10:30	Workshop 1: Forming the study question and discussion	Áron Larzáry with all faculty
10:30-10:50	COFFEE BREAK	
10:50-11:35	Literature search and reference managers	Muayyad Ahmad
11:35 -12:05	Study design – type of studies	Áron Larzáry
12:05-13:05	<b>Workshop 2</b> : Literature search and draft of the study plan and discussion	Muayyad Ahmad with all faculty
13:05–15:00	FRIDAY'S PRAYER & LUNCH BREAK	

## Friday, 31 July 2015 (Day one)

TIME	AGENDA ITEM	WHO	
15:05 - 15:35	What are a systematic review and a meta-analysis?	Muayyad Ahmad	
Module 3	<b>Study sample—study measuremets</b> At the end of this session participants will be able to formulate a detailed plan of conducting a research review		
15:35-15:50	Measurement categories (data types)	Áron Larzáry	
15:50 - 16:05	Data collection, database	Áron Larzáry	
16:05-16:20	Sampling and randomization techniques	Muayyad Ahmad	
16:20-17:20	Workshop 3: Definition of outcome measures	Áron Larzáry with all faculty	

## Saturday, 1 August 2015 (Day two)

TIME	AGENDA ITEM	WHO
Module 4	Analysis At the end of this session participants will be able to list different types of research studies and their advantages and disadvantages, know sampling techniques and data collection procedure, Know about internal and external validity and biases in research	
08:30-08:45	Clean up your database	Áron Larzáry
08:45-09:30	Principles of basic statistical methods	Yousef Khader
09:30-10:00	What can help in your statistics? (SPSS and others)	Yousef Khader
10:00-10:20	COFFEE BREAK	
10:20 - 11:50	Workshop 4: Statistical answer on research questions (SPSS)	Yousef Khader with all faculty
Module 5	Resources, Timing, Bias  At the end of this session participants will be able to understand the basic concepts of resources, timing and bias.	
11:50 - 12:10	Think as a project manager	Áron Larzáry
12:10 - 12:20	Importance of human resources	Áron Larzáry
12:20 - 12:30	Financial issues	Áron Larzáry
12:30-13.30	LUNCH BREAK	

## Saturday, 1 August 2015 (Day two)

TIME	AGENDA ITEM	WHO
13:30 - 13:50	Type and reduce of bias	Y ousef Khader
13:50 - 14:50	Workshop 5: Project plan of your research	Áron Larzáry
Module 6	<b>Publication of results</b> At the end of this session participants will be able to list	
14:50 - 15:05	Tables and figures	Áron Larzáry
15:05 - 15:25	COFFEE BREAK	
15:25 - 15:40	Pearls of a presentation	Muayyad Ahmad
15:40 - 15:55	Scientific writing	Yusuf Khader
15:55 - 16:10	Scientometrics (journals, personal)	Muayyad Ahmad
16:10 - 17:40	Workshop 6: Presentation of the whole research project	Muayyad Ahmad
17:40 - 17:50	Feedback, and close of the Course	Muhammed Assous





#### General Information

#### **Event Venue**

University of Jordan

Amman

Jordan

Phone: + E-mail:

#### **Course Management**

AOSpine Middle East Mary Anne Smith

Stettbachstrasse 6

8600 Dübendorf, Switzerland

Phone: +41 44 2002 407 Fax: +41 44 2002 412 Email: msmith@aospine.org

www.aospine.org

## Information and Registration

**Online:** http://AMMAN1507.aospine.org Online registration.

#### Course fee

AOSpine Members

USD180.-

AOSpine non-members USD200.-

#### Included in course

Coffee breaks, lunches, course certificate, and AOSpine SMART Approach to Spine Clinical Research book.

#### No insurance

The course organization does not take out insurance to cover participants against cancellation of course, accidents, or other risks

#### Security

Security check at the entrance of the building. Access permitted with name tag only.

#### Dress code

Casual

#### Course language

English

#### Mobile phone use

Mobile phone use is not allowed in the lecture halls and in practical exercise rooms. Please be considerate of others by turning your mobile phone to off.

#### Intellectual property

Course materials, presentations, and case studies are the intellectual property of the course faculty. Recording, photographing, or copying of lectures, practical exercises, or any course materials is absolutely forbidden. Copyright ©2014 by AOSpine International, all rights reserved.

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## Membership

Join the leading global community of spine surgeons

#### **AOSpine community**

AOSpine is the leading global academic community for innovative education and research in spine care, inspiring lifelong learning and improving patients' lives.

#### **Education and Career Development**



Online Education

- Videos
- Webinars Webcasts



**Educational Events** Special Discounts

#### Your advantages

- 1. Benefit from lifelong learning opportunities.
- 2. Advance with our latest research discoveries.
- 3. Privileged networking opportunities within the largest global spine surgeon community.



CaseBase online Coming soon: CaseBase App

AOSPINE



#### **Information and Networking**



Member Directory



AOSpine Website





AOSpine News App

Member

#### **AOSpine Publications**



Global Spine Journal Evidence-Based Spine-Care Journal



Books and e-books

#### Online Journals (Membership Plus)



OVID online journals Spine and many other top rated spine journals



European Spine Journal Journal of Neurosurgery: Spine



50% discount for students and residents For further information on the latest benefits available to you, please visit www.aospine.org/membership

membership@aospine.org

We look forward to welcoming you to the AOSpine global community!

### **AOSpine Middle East Education**

AOSpine welcomes the participation of our partners in supporting our efforts to deliver education of the highest quality. Industry partners agree to the following at this educational event.

#### 1. Introduction

- 1. This event is for the benefit of the AOSpine community
- 2. The objective is to offer the highest quality education in spine surgery

#### 2. Academic Independence

- 3. This event must be free from commercial bias or influence
- 4. The content of this event will focus solely on the teaching of medical principles, knowledge, skills and generic techniques
- 5. The event chairpersons are solely responsible for determining faculty, topic and program
- 6. Our industry partners provide logistical support, including workshop material and technical support

#### 3. Branding

- 7. The AOSpine logo and associated imagery must be the only visible corporate branding
- 8. Commercial advertising—including but not limited to promotional materials, merchandizing items and gifts—is not permitted
- 9. Our industry partners' logistical support may be mentioned in the event program, but without any use of logos

#### 4. Product Usage

- 10. Products may only be visible in a neutral setting, ie, free from any corporate branding
- 11. Products may only be displayed in areas as defined by the event chairpersons; products should never be displayed in lecture theatres, and in principle neither in reception areas nor in food and beverage areas
- 12. Any practical workshops must take place in an area clearly designated as a workshop area, and clearly separate from any lecture, discussion group, social or rest areas
- 13. Such workshops may only be run by members of this event's faculty
- 14. Surgical technique manuals may be made available to participants upon request

#### 5. Venue & Personnel

- 15. This event may not be held at the premises of any industry partner
- 16. The presence of industry partners is solely to provide discrete background logistical support
- 17. The ratio of each industry partner's representatives to participants at this event may not exceed 1:10
- 18. Industry partners may join meals and breaks, but may not use these as sales opportunities
- 19. The aggressive use of this event as a sales opportunity is not permitted

All logistics handled by partner representatives must be conducted in accordance with this and with the approval of AOSpine (event chairpersons and the AOSpine Middle East division), to ensure the event's academic independence.

My notes				

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